






Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mac & Cheese O/B Fishfingers Paninis Hot-Dog Curry Sauce Stuffing Cheese Baton Carrots Baked Beans Chips Choc Chip Sort Cake</p>	<p>Chicken Sub-Roll Homemade Chicken Goujons Margherita Pizza Steak Burger & Bap Assorted Paninis Garden Peas Mashed Potatoes Carmel Square</p>	<p>Chicken Curry & Rice Stuffed Bacon Roll Lasagne/ Garlic Bread Assorted Paninis Assorted Melts Broccoli Sweetcorn Mashed Potatoes Iced Sponge</p>	<p>Roast Dinner Beef Olive South Fried Chicken Goujons Steak Burger & Bap Assorted Paninis Diced Carrot Savoy Cabbage Mashed Potatoes Chocolate Sponge</p>	<p>Hot-Dog O/B Sausage Assorted Paninis Curry Sauce Gravy Stuffing Cheese Garden Peas Baked Beans Chips Choc Chip Cookie</p>

FLAVOURS OF THE WORLD



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Italian Meatball Sub</p>	 <p>Chicken Baja Bowl</p>	 <p>Teriyaki Beef & Noodles/Rice</p>	 <p>Chicken Tikka Flatbread</p>	 <p>Peri-Peri Roasted Chicken Breast on Spicy Rice</p>

GRAB & GO

Our Grab and Go selection features hot and cold options including fresh sandwiches, baguettes, rolls & wraps as well as burritos

We also have fresh salad & pasta boxes and a selection of desserts from muffins and biscuits to hot sweet treats.

SOUP & SPUDS

Why not try a bowl of our freshly made soup, with a tasty roll on the side.

We also have baked potatoes available with a variety of delicious fillings.

So much choice with Let's Eat from EA Catering

Let's Eat OMAGH HIGH SCHOOL

EA CATERING








Week B

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese Chicken Nuggets Assorted Paninis Curry Sauce Gravy Stuffing Cheese Broccoli Garden Peas Chips Choc Brownie	Cottage Pie Spicy Beef Noodles Breaded Fillet of Fish Margherita Pizza Assorted Paninis Sweetcorn Baked Beans Mashed Potatoes Diced Potatoes Swiss Roll	Homemade Pie Chicken Kebabs Homemade Chicken Goujons Steak Burger & Bap Assorted Paninis Garden Peas Mashed Potatoes Rice Krispie Square	Roast Dinner Chicken Olives Baked Salmon Hot Dog O/B Sausage Assorted Paninis Cauliflower Mornay Baton Carrots Mashed Potatoes Oven Roast Potatoes Fruit Muffin	Chicken Crumble Steak Burger & Bap Assorted Paninis Curry Sauce Gravy Stuffing Cheese Peas & Sweetcorn Baked Beans Chips Flakemeal Biscuits

FLAVOURS OF THE WORLD



Monday	Tuesday	Wednesday	Thursday	Friday
 Chicken Caesar Salad Wrap	 Barbecoed Pulled Beef, Brioche Bun & Slaw	 Honey Chilli Chicken & Noodles/Rice	 Chicken Biryani	 Peri-Peri Chicken Flat Bread Lemon & Paprika Sauce

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If you require any additional information on allergens or special diets please contact your school.